

BLACK

STUDENT RESOURCE GUIDE



LONG BEACH
CITY COLLEGE

TABLE OF CONTENTS

Greetings	3
Career & Academic Pathways.....	4
Academics	5
Success Centers	7
Admissions & Aid.....	8
Student Life & Bookstore	10
Athletics.....	11
Counseling	12
Health & Wellness.....	14
Student Services.....	16
Transportation Services.....	18
University Transfer	18
Police & Campus Safety.....	19
Welcome Center	20
Police & Campus Safety.....	21
LBCC Phone Numbers - Quick Reference	22

Greetings!

On behalf of Long Beach City College, it is my great pleasure to welcome you, and to recognize the achievements of our Black students. LBCC has been serving students for more than 90 years. And whether you are looking to transfer to a university, earn a degree, or earn a certificate, LBCC will help prepare you for success in all your career and life goals.

LBCC views our wonderful diverse student population as one of our strengths. Over the years, we've developed a strong Black student community through the Umoja Scholars Program, as well as our student organizations like the Black Student Union. We're proud to offer a number of courses at our College that explores Black art, history, and music, as well as taking on topics such as race and ethnicity in the United States. Additionally, LBCC provides opportunities for you to visit and tour Historically Black Colleges and Universities (HBCUs) as you consider your options once you complete your education here at LBCC.

In the backdrop of a national outcry for racial justice which has been evidenced by movements like Black Lives Matter, and the inequities revealed during the Covid-19 pandemic, LBCC is committed to being an antiracist college. We stand in solidarity with the Black Lives Matter movement and recognize our responsibility in building coalitions across racial groups to advance change. Further, we aim to make substantial progress toward closing education, culture and identity gaps, and provide a welcoming campus environment for all our students. These commitments, and others, are affirmed in the Framework for Reconciliation which proclaims the colleges pledge to identify and dismantle oppressive structures that disproportionately impact our students of color.

With that in mind, this resource guide is one of the many ways we are committed to ensuring that our community is responsive to your needs. Through this Black Student Resource Guide, we hope to assist our Black students in their journey through LBCC. Included in the guide is information about LBCC Student Services, tips to achieve academic success, information on transfer, on and off-campus resources and much more. More importantly, there are several resources specifically focused on serving our Black student community.

Our goal is to prepare students to assume their roles as culturally empowered and contributing members of the student body population at Long Beach City College and the greater community. Together, we hope to create a thriving, equitable and inclusive campus community for all.

We are proud that you have selected Long Beach City College as part of your educational path and we hope that this Resource Guide will assist you on your journey to success.

Dr. Mike Muñoz
Vice President, Student Services
Long Beach City College



CAREER & ACADEMIC PATHWAYS

- Accounting
- Acting Academy
- Administration of Justice (ADT)
- Advanced Transportation Technology
- Alcohol and Drug Studies
- Android App Developer
- Anthropology (ADT)
- Architectural Design
- Art History (ADT)
- Athletic Coaching
- Baking and Pastry Arts
- Biological Sciences
- Biology (ADT)
- Business Administration (ADT)
- Business Information Worker
- Business Management
- Business, Money & Banking
- CAD Professional Certificate
- Child Development and Educational Studies
- CISCO Certified Network Associate
- Communication Studies (ADT)
- Computer Hardware Repair
- Computer Science
- Computer Technology
- Creative Writing
- Criminal Forensics
- Culinary Arts
- Customer Relations Specialists
- Cyber Security
- Dance
- Database Management
- Diagnostic Medical Imaging
- Dietetics
- Digital Design and Publication
- Digital Film Making
- Digital Media Arts
- Drafting – Architecture & Mechanical Design
- Early Childhood Education (ADT)
- Economics (ADT)
- Electrical Technology
- Elementary Teacher Education (ADT)
- Emergency Medical Technician
- Engineering
- English (ADT)
- Family and Consumer Studies
- Fashion Design
- Fashion Merchandising
- Film, Television & Electronic Media (ADT)
- Fire Science
- Floral Design
- Foreign Language
- Geography (ADT)
- Geology (ADT)
- Graphic Design
- History (ADT)
- Home Health Aide
- Horticulture
- Human Services
- Journalism (ADT)
- Kinesiology (ADT)
- Library Technician
- Linguistics
- Logistics
- Magnetic Resonance imaging
- Marketing
- Mathematics (ADT)
- Medical Assisting
- Medical Insurance Billing
- Metal Fabrication
- Microsoft Windows Networking Technician
- Music (ADT)
- Network Cabling Specialist
- Nursing - RN, VN
- Nursing Assistant
- Nutrition and Dietetics (ADT)
- Nutrition Assistant
- Personal Financial Planning
- Personal Trainer
- Philosophy (ADT)
- Phlebotomy

- Political Science (ADT)
- Psychology (ADT)
- Public Health Science (ADT)
- Radio/TV
- Real Estate
- Robotic Welding Automation
- Social Media Application Development
- Sociology (ADT)
- Solar Photovoltaics Installation and Design
- Spanish (ADT)
- Studio Arts (ADT)
- Theatre Arts (ADT)
- Traffic Signal Systems
- TSA Associate
- UNIX Network Administrator
- Web Development
- Welding

(ADT) indicates that this area of study has an Associate Degree for Transfer. An ADT allows a student to earn an Associate Degree at LBCC and get a guaranteed spot at a California State University.

NONCREDIT CERTIFICATES (FREE)

- Computer Hardware Repair
- Home Remodeling
- Office Technologies, Microsoft Outlook
- Office Technologies, Microsoft PowerPoint
- College and Workplace Readiness
- English as a Second Language
- English for Everyday
- Reading Skills for ESL

ACADEMICS



BLACK LIVES MATTER LIBRARY RESOURCE GUIDE

The Black Lives Matter resource guide was designed as a starting point to spark necessary conversation, exploration and dissection of systemic racism, inequity, injustice, oppression, and discrimination. The resource guide is not meant to be comprehensive, rather a dynamic collection of literary material. It includes lists of books, ebooks, article databases, streaming videos and accessible online resources.

<https://LBCC.libguides.com/BlackLivesMatter>



UMOJA SCHOLARS PROGRAM

Umoja Scholars Program, (a Kiswahili word meaning unity) is a community and critical resource dedicated to enhancing the cultural and educational experiences of African American and other students. Umoja believes that when the voices and histories of students are deliberately and intentionally recognized, the opportunity for self-efficacy emerges and a foundation is formed for academic success.

Umoja actively serves and promotes student success for all students through a curriculum and pedagogy responsive to the legacy of the African and African American Diasporas. Umoja students receive academic counseling, participate in a motivational conference, cultural events, and may attend tours and field trips to UC/CSU and Historically Black Colleges and Universities based on space and availability.

ACADEMICS (CONT.)

COURSES THAT CELEBRATE BLACK/AFRICAN AMERICAN HERITAGE

Learn more about Black history, heritage and culture through these courses offered at LBCC.



African, Oceanic, Native American Art - ART4/4H

A survey of the painting, sculpture, architecture and other cultural objects of sub-Saharan Africa, Australia, Polynesia, Melanesia, Micronesia and Native North America.

Folk and Ethnic Dance-African - DANCE18A

An introduction to dance from African cultures and examines its role in society through the practice of dance traditions and rituals.

American Literature - ENGL41

A survey of American literature from Native American oral literature to published texts from the time of the Civil War. Readings will include authors of diverse cultural backgrounds: African American, European American, Hispanic American, and Native American. Transferable to UC or CSU; see counselor for limitations.

History of the African-American to 1877 - HIST27A

A comprehensive survey of the African-American experience in the United States from the colonial period to the Civil War emphasizing African civilization prior to European enslavement.

Hist/African-American - HIST27B

A comprehensive survey of African-American social, political and economic development in the United States from the Reconstruction Period to the present.

History of Jazz - MUSIC32

An historical overview on the development of the jazz tradition, tracing back to its African roots, and forward through the different styles, including blues, ragtime, swing, bebop, and postbop.

Music of Multicultural America - MUSIC35

A comparative and integrative study of the multicultural musical styles of the United States, based on the fundamental principles of music appreciation. This class will feature the music histories and progression of Native Americans, European Americans, African Americans, Chicano/Latino Americans, Pacific Islanders, Asian Americans and Middle Eastern Americans

Introduction to Non-Western Philosophy - PHIL8

A broad introduction to some of the main philosophical traditions from around the world, such as Buddhism, Taoism, African Philosophy, and American Indian Philosophy.

Race & Ethnic Relations in the U.S. - SOCIO11

(3 units)

An analysis of migration patterns, stratification, gender, social movements and inter- and intra-group relations. The sociological study of diverse racial and ethnic groups in the U.S., including Latino, Asian American, African American and Native American sub-groups is covered.

Race & Ethnic Relations in the U.S. - SOCIO11/11H

The sociological study of diverse racial and ethnic groups in the U.S., including Latino, Asian American, African American and Native American sub-groups.

SUCCESS CENTERS

MULTIDISCIPLINARY SUCCESS CENTERS

The Multidisciplinary Success Centers strive to contribute to the success of all Long Beach City College students by providing quality learning assistance. We have a staff of Instructional Specialists and qualified tutors ready to help, at both LAC and PCC, during all center hours. Explore the many services we offer to find the right one for your needs!

(562) 938-4699

mdsc@LBCC.edu

MATH SUCCESS CENTER

The LBCC Math Success Center provides Supplemental Learning Activities and tutoring to students of all levels.

(562) 938-4228

WRITING & READING SUCCESS CENTER

The Writing & Reading Success Center is available to help students with both writing and reading needs. The Center has a computer lab for students to use type and print class work, or a quiet place to study. Staff are also available to help with tutoring needs.

(562) 938-4520

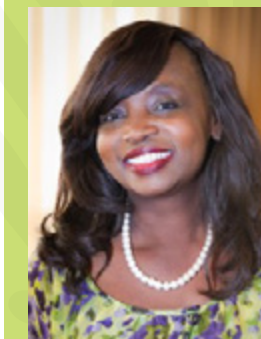
wrsc@LBCC.edu

TUTORING CENTER

Tutoring is offered at both campuses for a variety of subjects, including math, accounting, economics, physics, geology, chemistry, biology, anatomy, physiology, philosophy, psychology, and foreign languages (including Spanish, Japanese and German), and much more! Don't see your class subject listed? Come talk to us. The Tutoring Center may still be able to help!

(562) 938-4474

tutoring@LBCC.edu



Dr. Erainia Freeman

Department Head,
Counseling

How do you identify?

African American

What makes you proud to be

Black/African American?

I am proud to be an African American women because of our rich history of hard work dedication, persistence, and the ability to survive and overcome life challenges.

Who is your Black/African American role model?

My Black/African Americana role models are my parents because they raised me to be proud of my heritage and know that the only limitations of my success is those that I place on myself. My parents taught me that I could achieve anything that I want to as long as I am willing to work hard to make my dreams become a reality.

What advice would you have for your 20-year-old self about your identity?

The advice that I would give my 20-year-old self about my identity is to be proud of the rich history of your heritage and know that when you put your mind to something, there is nothing in this world can stop you. I would also tell myself to continue to exceed and excel in the things that you commit to achieving.

How do you celebrate/honor your heritage?

I celebrate/honor my heritage by remembering that I stand on the shoulders of those that sacrificed their lives for me to have opportunities that were not possible for them. Every day of my life I have an obligation to work hard to make a positive impact in the lives of others.

ADMISSIONS & AID



ADMISSIONS & RECORDS OFFICE

The Admissions & Records office is the first stop for new students, acting as a gateway to their educational future. Admission & Records can help by assisting students with registering for classes, changing your major, transcripts, and support in understanding prerequisites and registration requirements.

(562) 938-4485

www.LBCC.edu/admissions-records

FINANCIAL AID

LBCC administers a comprehensive student financial aid program to assist students in meeting college costs. The amount of financial aid awarded varies from student to student depending on the individual's need and resources. Please contact the LBCC Financial Aid offices if you would like additional information on any of the programs listed below.

(562) 938-4485

www.LBCC.edu/financial-aid

Free Application for Federal Student Aid (FAFSA)

The application process for financial aid begins with the completion of the Free Application for Federal Student Aid (FAFSA), which is available on October 1 for the following Fall semester. Students may apply online at <http://www.fafsa.gov>.

In addition to having financial need, students must meet the following requirements:

- Be enrolled in an eligible program leading to the completion of a degree, transfer requirements, or a certificate program
- Be a U.S. citizen or eligible noncitizen
- Register with the Selective Service, if student is a male
- Not be in default on any student loan or owe a refund on any grant made under any Title IV program
- Have a high school diploma, GED or equivalent
- Maintain Satisfactory Academic Progress

Additional documentation, such as transcripts, tax returns, and verification documents may be requested from students and/or parents. Students and parents will be able to submit any requested documentation online through Campus Logic at

<http://LBCC.verifymyfafsa.com>.

Pell Grants

Pell Grants are a federally funded program for undergraduates who demonstrate need. The amount of the Pell Grant varies according to eligibility (determined by the FAFSA) and enrollment. Pell Grants are limited to 12 full-time semesters of enrollment.

Federal Supplemental Educational Opportunity Grants (FSEOG)

This grant is available to undergraduate students who demonstrate exceptional financial need. The awarding of FSEOG funds is limited to the availability of funding and must be given to maximum Pell Grant recipients. If eligible, you must be enrolled in 6 units or more to receive funding.

Federal Work Study (FWS)

This program provides employment opportunities to student with financial need. Students awarded FWS receive an allocation of funds earned through part-time jobs on campus. Students are employed a maximum of 16 hours per week while school is in session. For more information please visit the Financial Aid office at LAC and PCC to learn about your eligibility to participate.

Direct Loan Program

This federal program provides loans to student to be used for educational expenses. Students having completed less than 30 units may borrow up to \$3,500 per year, and students completing over 30 units may borrow up to \$4,500 per year in subsidized loans. Interest does not accrue on a subsidized loan as long a student remains enrolled in 6 units or more.

Cal Grants

Cal Grants are state funded grants available to California residents who qualify. U.S. citizens, permanent residents, or eligible noncitizens may apply for Cal Grants via the FAFSA or California Dream Act application at: <http://dream.csac.ca.gov>. Cal Grants also involve a GPA submission requirement. The Cal Grant has a deadline of March 2 each year for all California college students. Community college students have an additional deadline of September 2 for limited remaining grants.

Scholarships

The Long Beach City College Scholarship Program awards approximately \$1 million in funds to LBCC students annually. To apply for a scholarship, students complete one online application, autobiography and two references. This one form can help you apply to the 700 scholarships available.

www.LBCC.edu/Scholarships





Quanisha Judeh

Instructor,
History

How do you identify?

African American

What makes you proud to be Black/African American?

My existence is a testament to the strength and endurance of generations of Black people. My existence is a testament to the strength and endurance of generations of Black people. That is why I am proud to be Black.

How do you celebrate/honor your heritage?

I honor my heritage by teaching its history and my participating in community cultural engagement.



Cheryl Williams

Operations Manager,
Facilities

How do you identify?

Black

What makes you proud to be Black/African American?

The selflessness and strength of all of those who came before me that sacrificed to make my voice count.

What advice would you have for your 20-year-old self about your identity?

Know you are special and unique in your own way. All diamonds are beautiful, but none are cut the same.

STUDENT LIFE

LBCC has a vibrant student life that will make your college experience fun and memorable. There are hundreds of opportunities to get involved through student government, student clubs, community service, athletics, honors programs, and more.

LBCC's Student Life office is dedicated to providing events, programs and services that enhance the academic success, personal development and sense of belonging for Black students at Long Beach City College. If you want to get involved or learn more, stop by our offices at either campus.

(562) 938-4552

www.LBCC.edu/student-affairs

BOOKSTORE

The Bookstore sells a variety of items including textbooks, apparel, electronics, discounted software, supplies, accessories, gifts and more. We match Amazon.com and BN.com on textbook prices.

(562) 938-4223

www.LBCC.BNCollege.com



ATHLETICS

Since capturing its first state title in 1928, the Long Beach City College Athletics program continues to make a name for itself locally and nationally. While academics remain a constant emphasis at LBCC, the institution is proud of its athletic program's success. To date, Long Beach City College has won 16 national titles, seven runner-up national titles, 93 state titles, and 51 state runner-up titles. Athletics is an important part of a total college experience. It provides students (whether they are the athletes competing or the student fans cheering and supporting) many opportunities to develop skills such as teamwork, leadership, and dedication to a goal. These are concepts that can be used in the classroom, as well as in the workplace. Our 18 teams give hundreds of young men and women of color this opportunity each year.

www.LBCCVikings.com





Dr. Jerome Hunt
Assistant Professor,
History & Political Science

How do you identify?
African American

What makes you proud to be Black/African American?

The fact that as a community we continue to thrive in the best way possible despite the obstacles placed before us makes me proud to be Black/African American. Instead of folding under oppression we continually find ways to make our mark in society and foster a culture that is rich, diverse, and admired all across the world.

Who is your Black/African American role model?

My parents and Bayard Rustin.

What advice would you have for your 20-year-old self about your identity?

Even though, many people will try to make you feel less just because of who you are, don't listen to them. What makes you unique is just as important as the things we all have in common. To stand in your truth, you will help so many people by embracing who you are.

How do you celebrate/honor your heritage?

I celebrate/honor my heritage in the way that I teach by ensuring that African Americans are not excluded but included in the course materials. Additionally, my research focuses on and promotes the African American community in circles that often ignore or exclude the community from conversations.

COUNSELING

Counseling services at LBCC are in place to help students identify and clarify personal, career and educational goals.

(562) 938-4561

www.LBCC.edu/counseling

CALWORKS

CalWORKs is California's Welfare-to-Work program that gives cash aid and services to eligible needy California families.

(562) 938-3116

calworks@LBCC.edu

EXTENDED OPPORTUNITY PROGRAMS AND SERVICES (EOPS)

Extended Opportunity Programs and Services (EOPS) is a state funded retention and support program.

The mission of EOPS is to identify and assist students who are affected by social, economic, educational, or language disadvantages.

(562) 938-4273

www.LBCC.edu/Extended-Opportunity-Programs-and-Services

TRIO GO PROJECT

The TRiO GO Project is a comprehensive program of academic support and personal development services for low-income, first-generation college, and disabled students to achieve retention and graduation rates that exceed that of the general student body.

(562) 938-3233

goproject@LBCC.edu

UPWARD BOUND PROGRAM

The goal of the Long Beach City College TRiO Upward Bound Program is to prepare high school students from the Long Beach Unified School District. The Program accomplishes this objective by enhancing participants' academic skills, personal motivation and confidence that is needed to succeed in college.

(562) 938-3177

upwardbound@LBCC.edu

DREAM SERVICES

Long Beach City College is proud to take a stand and support our undocumented students. The Dream Center is dedicated to serving the AB540 and undocumented student population through advocacy, guidance, and support.

(562) 938-5101

dreamservices@LBCC.edu

INTERNATIONAL STUDENT SERVICES

The International Student Programs (ISP) offers specialized support and immigration advising to F-1 and M-1 status students on campus, as well as assistance to prospective students during the application process.

(561) 938-4745

international@LBCC.edu



Jimmie Flowers
Athletic Equipment
Technician

How do you identify?
Black

What makes you proud to be Black/African American?

As a Black American, we have had to pave roads and remain positive regardless of the circumstances.

Who is your Black/African American role model?

Martin Luther King, Hank Aaron, Robert Kennedy.

What advice would you have for your 20-year-old self about your identity?

1. Be proud of who you are.
2. Hold your head up at all times!

How do you celebrate/honor your heritage?

1. I pray and give thanks to God.
2. I celebrate Black History month.

HEALTH & WELLNESS



COVID RESOURCES CAL FRESH

CalFresh is available for qualifying students to make sure you not only have food temporarily, but can receive additional aid to purchase food and eat healthier. LBCC has a representative that works specially with our students to make sure you are eligible and to walk you through the entire application process. You can email her anytime and let her know you are enrolled as a LBCC student and want to apply for Cal-Fresh benefits. Students can receive awards up to \$193.00 a month for groceries.

LBCC CalFresh representative: Cinthia Onoa
(323) 234-3030 ext. 169
conoa@lafoodbank.org

FEEDING AMERICA “FIND YOUR LOCAL FOODBANK”

In case you need additional food resources beyond the Viking Vault, you can use this link to find a food pantry in your community. You can search by zip code on the Feeding America website.

www.feedingamerica.org/find-your-local-foodbank

211 - HOUSING SERVICES HOTLINE

211 is a 24/7 hotline that is available for you to call in an emergency situation regarding homelessness, violence in the household, healthcare, and other social services. You can call the number anytime, and also browse their resources on their website.

www.211la.org

FREE LA COUNTY HOTSPOT LOCATOR

Follow the link below to an interactive map that shows WIFI locations throughout LA County. If you require additional help, please dial 211 or go to

<https://www.211.org>

<http://findwifi.lacounty.gov>

LBCC STUDENT HEALTH SERVICES

The LBCC Student Health Services (SHS) supports students by providing quality and accessible primary care, and mental health services and education. Student Health Services partners with the City of Long Beach and the surrounding community to provide comprehensive clinical services to students. We engage students in making informed decisions about their healthcare, and empower them to be self-directed healthcare consumers.

(562) 938-4210

www.LBCC.edu/Student-Health-Services

MENTAL HEALTH SERVICES (MHS)

Mental Health Services are designed to serve students who are experiencing stress or other emotional difficulties. You have paid a student health fee that provides you up to six free individual therapy sessions during a regular semester, based on clinical need. Services assist with issues such as stress, anxiety, panic attacks, depression, grief and loss, identity struggles, relationship difficulties, substance abuse and eating disorders. Each therapy session is approximately 50 minutes.

(562) 938-3987

“OVER-THE-COUNTER” OTC NUTRITION The Viking Vault

During Covid-19, the Viking Vault will be hosting Grab-n-Go events for you to pick up a free, pre-packaged bag of non-perishable groceries to last you through a couple weeks. The Grab-n-Go's take place every 2 weeks at both LAC and PCC campuses, and are drive-thru events where you can stay in your car the whole time to receive your food. We are currently planning our next event, so check your email often for updates on the next Grab-n-Go date and time.



Elijah Harris

President of the Umoja Club at Long Beach City College

How do you identify?

I identify as a Descendant of an Enslaved African/Black. I identify as such because I want to keep a close connection with not just my people here in the United States or in Africa, but with all my people who are apart of the African Diaspora. Whether it's the people of African descent in Haiti, Jamaica, Grenada, the United Kingdom, Brazil, Cuba, Puerto Rico, Mexico, etc.

What makes you proud to be Black/African American?

I am proud to be a Descendant of an Enslaved African/Black because I know I come from a people that went through so much in the past, and still fighting the same battle today, and we still find a way to fight for what we believe in, equal rights and justice, wherever it may be on the planet.

Who is your Black/African American role model?

To name a few role models of mine, James Baldwin, Kwame Ture, Huey P. Newton, Marcus Garvey, Bob Marley, Peter Tosh, Queen Nanny, Toussaint Louverture, Malcolm X, Martin Luther King Jr., Fredrick Douglas, Kobe Bryant, Nat Turner, Assata Shakur, Barack Obama, Angela Davis, Fannie Lou Hamer, Nelson Mandela, my mother Kimberly Waters- Harris, my father Darryl Harris, my brothers, my uncle Russell Waters, and my uncle Johnny Calloway. These are just a few people who have inspired me to become the man I am today.

STUDENT SERVICES

Long Beach City College aims to support our Black students by offering a variety of services to ensure that our students are successful during their time here.



CHILD DEVELOPMENT CENTER

The Child Development Center (CDC) and Learning Lab offers year-round half-day and full-day preschool programs for children ages 2-5. The Center serves children of students, faculty, staff and the community, with locations at both the Liberal Arts Campus and the Pacific Coast Campus.

(562) 938-3079

(562) 938-3082

www.LBCC.edu/Child-Development-Center

DISABLED STUDENTS PROGRAMS & SERVICES

Disabled Students Programs and Services (DSP&S) at Long Beach City College provides many support services that enable students with disability-related limitations to participate in the College's programs and activities. DSP&S offers a wide range of services that compensate for a student's limitations, such as note-taking assistance, interpretive services, test taking assistance, and alternative media formats at no cost to students.

(562) 938-4458

www.lbcc.edu/disabled-student-services

LBCC CHROMEBOOK & HOTSPOT LOAN PROGRAM

LBCC Students who are in need of a computer or hotspot can submit a request to the LBCC Student Emergency Aid Application.

(562) 938-4040

emergencyaid@LBCC.edu

Application: <https://apps.lbcc.edu/login/?dtype=1&appID=8b29ab39-b729-42f1-9c45-84217821830c>

ADULT EDUCATION

The Adult Education program offers short-term personal and professional development courses that are open year-round to members of the community.

(562) 938-3248

aep@LBCC.edu

www.LBCC.edu/Adult-Education

CAREER CENTER

The Career Center helps students explore career interests and learn about what degree programs are right for them.

(562) 938-4360

www.LBCC.edu/Career-Center

LGBTQIA+ RESOURCES

LBCC is committed to serving members of the campus community who identify as lesbian, gay, bisexual, transgender, and queer. Visit the LBCC website to find resources and information on campus and community-based programs and services that support the LGBTQ+ community.

www.LBCC.edu/lgbtq-resources

VETERANS SERVICES

The Veterans Services Office (VSO) provides a caring and supportive environment for veterans and their dependents by assisting with services they need for enrollment, receiving their VA benefits, and other resources.

(562) 938-4162

(562) 938-3929

www.LBCC.edu/Veterans-Services

STUDENT TECHNOLOGY HELP DESK

The Student Technology Help Desk (STHD) supports all LBCC students in accessing and successfully using LBCC technology.

All assistance provided is FREE for LBCC students.

(562) 938-4250

sthd@LBCC.edu



Jerome Thomas

Media Producer,
Communications

How do you identify?

Black/African-American

What makes you proud to be Black/African-American?

Knowing the African-American struggle, its rich history, and its accomplishments, makes me feel a sense of pride each day. For me, each are a personal source of enrichment and soulful enlightenment. This is what makes me most proud to be an African-American.

Who is your role model?

Without doubt, my mother.

What advice would you give your 20 year old self about your identity?

Be a constant seeker of truth and knowledge of self. This is the foundation of peace and happiness.

How do you celebrate your heritage?

Each day I pause to remember those who paved the way for me. Their sacrifices will never be forgotten.



Angela Fowlkes
Financial Aid Specialist,
Enrollment Services

How do you identify?
African American

What makes you proud to be Black/African American?

What makes me most proud to be African American is our Dynamic Resilience, Rich Heritage, Religious Traditions, Various Dialects, Evolving Music and Incredible Fashion Sense.

Who is your Black/African American role model?

Biddy Mason who was an African American nurse, a Californian real estate entrepreneur and philanthropist. She is the founder of the First African Methodist Episcopal Church in Los Angeles Born a slave, she developed a variety of skills and developed knowledge of medicine, child care, and livestock care.

What advice would you have for your 20-year-old self about your identity?

I would most definitely advise my young self to listen and adhere to the wisdom of my parents who have raised me to be a contributing part of society. I would have identified with mentors who would have guided me through both my personal and professional endeavors. I would have taken the time for self care and to read more.

How do you celebrate/honor your heritage?

To honor my heritage I have educated others on Black Inventors, the Principles of Kwanzaa, and celebrated the lives of African Americans who have overcome, given me a voice and the opportunity to become an Agent of Change.

TRANSPORTATION SERVICES

LAC - PCC CAMPUS SHUTTLE

Have classes on both campuses, or just need to get from one campus to the other? No problem. The Viking Voyager runs regularly between the Liberal Arts Campus and the Pacific Coast Campus.

Visit www.LBCC.edu/explore-our-campus for pick-up/drop off locations. You can take the shuttle for free for the first two weeks of the semester and then can ride for free after that with your College Services Card.

LONG BEACH TRANSIT TAP STUDENT BUS PASS

If you're traveling to the College by using public transportation, Long Beach Transit offers a reduced-fare student Transit Access Pass. LBT Student TAPs are \$40/month (compared to the regular \$65/month!).

www.LBCC.edu/post/transportation



UNIVERSITY TRANSFER

THE TRANSFER CENTER AT LBCC

Are you thinking about transferring to a four-year university after you complete your studies at LBCC? The Transfer Center at LBCC can assist with a smooth transition to university life. A variety of services such as university appointments, transfer fairs, admissions workshops and university tours are available to you. LBCC students also have a guaranteed transfer to CSU Long Beach through the Promise 2.0 initiative. Visit the Transfer Center to explore transfer options, ask your questions about transferring, and further your education goals.

(562) 938-4670

www.LBCC.edu/transfer-center



Dr. Alisia Kirkwood
Dean,
Student Affairs

How do you identify?
Black

What makes you proud to be Black/African American?

Our ability to remain compassionate, respectful, and diligent in our personal and professional pursuits, generation after generation, while being met with relentless, intentional, and pervasive systemic/systematic oppression.

Who is your Black/African American role model?

Frederick Douglass, Harriet Tubman, and Malcolm X.

What advice would you have for your 20-year-old self about your identity?

Never over-value another person's assessment/opinion of you as a Black woman, know the importance of courage because there will be many days when you will be required to stand alone and defend your principles, and remain unapologetic when advocating on behalf of those who suffer marginalization at the hands of others.

How do you celebrate/honor your heritage?

I honor and celebrate my heritage, my ancestors, and my people 365 days of the year by loving and empowering my family, embodying through action the Principles of Kwanzaa in my daily life, and remembering that only what I do for others will last; therefore, I have committed my life to the service of others.



Nevon Watson
Director, Student Conduct
& Student Life

How do you identify?

Black/ Central American

What makes you proud to be Black/African American?

The fact that humanity started in Africa and I have that connection being a direct descendent of Eve, fills me with joy every day!

Who is your Black/African American role model?

Will Smith

What advice would you have for your 20-year-old self about your identity?

The world may hate you, but the creator does not make any mistakes, you are enough!

How do you celebrate/honor your heritage?

I honor my heritage by being a forever learner, and continuing to learn about the aspects of my heritage that I do not know. The history that I was not taught and the people that I have never met.

WELCOME CENTER

The Welcome Center is a one-stop-shop that provides first time and returning student information about Long Beach City resources and services.

(562) 938-4049
opa@LBCC.edu



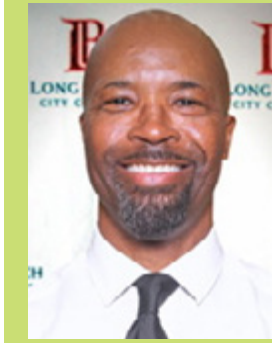
POLICE & CAMPUS SAFETY

Contact the Police Department for the following:

- Safety Escorts
- Keys locked in vehicles
- Lost & Found

(562) 938-4910 or
(562) 435-6711 for non-emergencies

After business hours call the General Service number, or 9-1-1 for an emergency.



Barry Barnes
Head Coach,
Men's Basketball

How do you identify?

Black

What makes you proud to be Black/African American?

Being judged because the color of my skin and not being accepted because of that. I am so proud to be Black to know that those words or actions did not defeat me.

Who is your Black/African American role model?

My brother, Joe Barnes.

What advice would you have for your 20-year-old self about your identity?

Be proud of who you are and no matter what people think of you, always believe in yourself and never give up on your dreams.

How do you celebrate/honor your heritage?

I honor and celebrate my African American heritage by sharing historical stories that I have learned with family and friends, as well as attending and participating in community events.

QUICK REFERENCE

ADMISSIONS & RECORDS

- (562)938-4485
- admissions@LBCC.edu

CALWORKS

- (562)938-3116
- calworks@LBCC.edu

CASHIER'S OFFICE

- (562)938-4010
- cashier_office@LBCC.edu

COUNSELING

- (562)938-4561
- fcounter-lac@LBCC.edu

DESTINO

- (562) 938-3071
- rolmos@LBCC.edu

DISABLED STUDENTS PROGRAMS & SERVICES

- (562)938-4558
- dsps-staff@LBCC.edu

DREAM SERVICES

- (562)938-5101
- dreamservices@LBCC.edu

ENGLISH AS A 2ND LANGUAGE CENTER

- (562)938-3160
- dd140-esl@LBCC.edu

EXTENDED OPPORTUNITY PROGRAMS & SERVICES (EOPS)

- (562)938-4273
- eops@LBCC.edu

FINANCIAL AID

- (562)938-4485
- financialaid@LBCC.edu

GO PROJECT (TRIO GO PROJECT)

- (562)938-3233
- goproject@LBCC.edu

GUARDIAN SCHOLARS

- (562)938-3216
- mkeith@LBCC.edu

HONORS PROGRAM

- (562)938-4354
- honors@LBCC.edu

INTERNATIONAL STUDENT SERVICES

- (562)938-4745
- international@LBCC.edu

JUSTICE SCHOLARS

- (562) 938-3208
- justicescholars@LBCC.edu

LBCC CHILD DEVELOPMENT CENTER (CDC)

- (562)938-4253

LEARNING & ACADEMIC RESOURCES

- (562)938-4699

LIBRARY

- (562)938-4232

MATH SUCCESS CENTER

- (562)938-4228

MULTIDISCIPLINARY SUCCESS CENTER

- (562)938-4699
- mdsc@LBCC.edu

NEXT UP

- (562)938-3218
- nextup@LBCC.edu

POLICE AND CAMPUS SAFETY

- (562)938-4910

PUENTE PROGRAM

- (562)938-3095
- vvargas@LBCC.edu

STUDENT HEALTH SERVICES

- (562)938-4210

STUDENT LIFE

- (562)938-4978
- studentlife@LBCC.edu

STUDENT TECHNOLOGY HELP DESK

- (562)938-4250
- sthd@LBCC.edu

TRANSFER SERVICES

- (562)938-4670
- transferacademy@LBCC.edu

TUTORING CENTER

- (562)938-4474
- tutoring@LBCC.edu

UMOJA

- (562)938-3159
- Iroper@LBCC.edu

VETERANS SERVICES

- (562)938-4162
- veterans@LBCC.edu

VIKING BOOKSTORE

- (562)938-4223

WELCOME CENTER

- (562)938-4049
- opa@LBCC.edu

WORKFORCE CENTER

- (562)938-3248
- wfdev@LBCC.edu

WRITING/READING SUCCESS CENTER

- (562)938-4520
- wrsc@LBCC.edu

GET THE HELP YOU NEED- LBCC CHAT HUB

To help get you started we've grouped together some helpful links to key content and resources.

<https://www.lbcc.edu/lbcc-chat-hub>



Elijah Sims

Matriculation Coordinator,
Counselor,
Associate Professor

How do you identify?

Black

What makes you proud to be

Black/African American?

As a former musician and current music lover, I'm most proud of our rich cultural tradition of blues, jazz, and hip-hop.

Who is your Black/African American role model?

My mother and father, because they taught me the importance of service and humility. They would say that God is love, so loving my brothers and sisters is how I demonstrate my faith.

What advice would you have for your 20-year-old self about your identity?

I would say two things: (1) Don't shy away from your gifts. Take steps to nurture them every day and untold blessing await. (2) The women of color in your life will open many doors for you. Be kind to them always.

How do you celebrate/honor your heritage?

I honor my heritage through the oral tradition of story-telling among family. I enjoying hear from the elders in my family about their lives. I have a great appreciation for the challenges and sacrifices that they made so that I could have the opportunity to be a good man, college professor, and counselor today.



Uduak-Joe Ntuk

LBCCD Board of Trustees President, 2020-2021
Supervisor, California Geologic Energy Management Division

President Ntuk proudly represents Uptown Long Beach on the Long Beach Community College Board of Trustees. Elected in 2018, he is the first African-American male elected to serve in this capacity since the College's founding in 1927, and is the first African-American male to serve as Board President.

How do you identify?

African-American

What makes you proud to be Black/African-American?

I am part of a grand tradition of a people who have overcome great adversity to achieve remarkable success. It brings me pride to see the wide array of accomplishments by others, collective community support of one another, and when we take time to celebrate our common struggle together.

Who is your role model?

Frederick Douglass is a role model of mine. He fought for both African American and Women's equality. Mr. Douglass believed in dialogue and in making alliances across racial and ideological divides, and in the liberal values enshrined within the U.S. Constitution.

What advice would you give your 20 year old self about your identity?

Never let anyone's else's insecurity or false stereotypes about you, define your self image or identity.

How do you celebrate your heritage?

I celebrate my unique African American heritage by participating in global family events, traveling to national museums, worshipping in a Black Church, committing to a day of service on MLK Day, and advancing public policy that recognizes the dignity in each person.



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www.LBCC.edu/BlackHeritage

   @LBCityCollege