

# TRAUMA STUDIES - CERTIFICATE OF ACHIEVEMENT

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**Plan Code: 3802**

This program explores the psychological, emotional, and physical impacts of trauma. It aims to provide students with a deep understanding of trauma, its origins, and its effects on individuals and communities. Students will learn the various theoretical frameworks, evidence-based techniques, and practical tools to support those affected by trauma.

## Program Student Learning Outcomes

- Analyze the types, the causes, and the impacts of trauma, and how they relate to the principles of a trauma-informed approach.

## Program Requirements

Code Number	Course Title	Units
<b>REQUIRED COURSES</b>		
PSYCH 1/1H	Introduction to Psychology	3
PSYCH 11/11H	Social Psychology	3
or PSYCH 4	Psychology of Adjustment	
PSYCH 14	Abnormal Psychology	3
PSYCH 39	Orientation for Trauma Studies	1
PSYCH 40	Introduction to Trauma Studies	3
PSYCH 41	Trauma-Informed Care and Frontline Work	3
<b>Total Units</b>		<b>16</b>